



STUDENTS' CORNER



Abhinaya Shridhar Naikodi – 8 A



Grade – 4 students



Srushti – 9A



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Newsletter Designed by Vidhuma

India's Anmol Ratan

10th October 2024 will never be forgotten in Indian history. One of her favourite sons bid her goodbye on this day. Ratan Tata was the former Chairman of Tata Group, one of India's most respected and biggest corporate group. Surely, the elders in your homes too must have been immensely saddened to hear the news of his demise.

Why are we bringing this up in our newsletter, you may wonder. It is because some people are icons, who you love to belong to, and look forward to be attached with. Ratan Tata was surely one of those rarest of people to be in our midst.

Let us put things in perspective. Ratan Tata was one of the richest of people in India and indeed, the world because the Tata Group is a gigantic business conglomerate with massive companies in every core economic sector you can think of. Born into a hard working family, he went to some of the best schools in India and went to study at a reputed business school at Harvard. He worked in the Tata Group initially and went on to lead the group as its Chairman. He took the Group's turnover from \$5 billion to \$100 billion.

These are the business statistics. They should not matter much here. So, why was he special?

Ratan Tata was special because despite limitless wealth at his disposal, money did not change his human values. His lifestyle was so much like any of us. He did not believe in fancy cars, fancy clothes and anything that projected money. He enjoyed simple things in life and connected with the man on the street in the most humane way.

One can go on and on about his persona that touches every heart on this planet. There are 3 aspects that can be highlighted here:

- **His love for dogs:** He had a heart of Gold. The stray dogs of South Mumbai knew this best. In Bombay House, the corporate headquarters of the Tata Group, Ratan Tata specially arranged top class canine care for stray dogs! The security is not supposed to chase away the large number of dogs, but bring them in and treat them as royalty!

- **His response during September 2011 attacks on Taj Hotel, Mumbai:** It is well known that when terror struck his hotel, he was right in front all the time. Unlike other dignitaries, he did not ask for high personal security for himself. And after the incident, he personally went to the houses of the deceased employees and offered them salaries they would have earned over their entire lifetimes!



- **How he treats his employees:** For every employee of the Tata Group, he is someone who is accessible for any serious problem that needs his attention. He would treat a simple security or liftman in his companies the same way that he would treat a visiting President or Prime Minister of another country!

So, when he passed away on 10th October, the countrymen are sad not because a rich man passed away. But because a good man passed away.

Ratan Tata's life is exemplary because he was a true patriot businessman with human welfare as his prime concern. We encourage you to read and find out more about him, so his achievements can inspire us. As we go into the future, our focus should be on creating value, without compromising our values.

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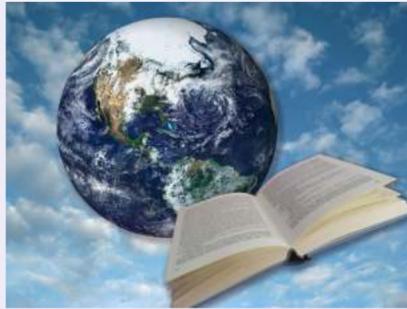
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Principal's Desk



Education is a bright light that illuminates the path to knowledge and empowerment. In its essence, it is not just about learning from text books but it is about the lessons of life that help us to grow and develop. A good education does not just teach facts and figures. It encourages critical thinking, problem solving and ability to question and argue constructively. At MEC, teachers play a vital role not just as instructors but as mentors guiding students to think independently. We teach values, ethics and empathy which helps the students to understand different cultures and viewpoints creating a sense of global citizenship and community.

Education system in MEC nurtures the potential within every student to lead a life of dignity and purpose. It is not just about securing a diploma or degree, its life long journey that continuously enriches our existence. With education, we do not just live; we thrive, dream and achieve..



ACTIVITIES

Students' Council Election 15 June

The school students' council election was conducted through a multi-step process that involved students from grades 5 to 10. This multi-step election was designed to empower students and encourage active participation in school governance.

The process began with candidates submitting their nominations, which included their names and the positions they were running for. This initial step set the stage for a competitive and spirited election, as students expressed their desire to represent their peers.

Once the nominations were closed, the candidates embarked on a campaign phase. On the Election Day, students cast their votes using ballot, and the candidates with the most votes for each position were declared winners. The students elected in the election are:

- School Captains - Madhav. R, Grade X (Boy) and Nityashree A Grade X (Girl)
- School Vice Captains - Raghottam. G. B Grade IX (Boy) and Saanvi Rao, Grade IX (Girl).
- Sports Captain - Jagathpura Shashidhara, Vice-Captain, Sanjana. U, of Grade X

The election not only provided a platform for students to express their leadership aspirations, but also instilled a sense of responsibility and civic engagement.

Inauguration of Clubs 22 June

School clubs are not just extracurricular activities: they are vibrant communities that bring together students who share common interests, whether in music art, sports or other pursuits.

School clubs are instrumental in developing not only individual talents but also the critical life skills that come from working as part of a team. By engaging in these activities, students learn that **together**, they can achieve more, fostering a sense of unity that enriches their school experience.



The clubs inaugurated by Director Operations, Dr SK Tripathi include:

- Humanity club
- Literary club
- Sadbhavana club
- Science and ECO club
- Mathematics club
- Fine Arts clubs
- Sports club

Representatives of each club briefed about their club activities and the opportunities to grow in their respective fields and contribute positively to both the school and the community.



Prathibhanweshane - Students Talent Search Day 29 June

This event showcased the diverse talents of students, providing a platform for them to express themselves and share their passions with the school community. The day featured a variety of performances, including music, dance and art exhibitions. Students from all grades participated demonstrating their unique abilities and hard work.



Investiture Ceremony 26 June

This ceremony is a traditional occasion where newly elected student council members are officially appointed and entrusted with their responsibilities for the academic year.



spirit of unity and dynamism filled the air during the grand investiture ceremony of this academic year. This event served to formally acknowledge and celebrate the newly elected captains, student council members for the academic year to acknowledge the investiture ceremony of this academic year by receiving the prestigious flag and badge from Director Operations, Dr SK Tripathi.





School Captains, School Vice-captains, Sports Captains, House Captains and House Vice Captains took Oath to follow and uphold the school norms. The event concluded with heartfelt congratulations to the new council members, setting the stage for a dynamic year of engagement and positive change within the school community.

Guru Poornima Day 21 July

Guru Poornima, a revered festival in Indian tradition was celebrated with great enthusiasm and devotion in our school. The occasion dedicated to honoring teachers and mentors, was a heartfelt tribute to the invaluable role of gurus in shaping the lives of their students. The event was a blend of reverence, cultural expression and appreciation for the knowledge imparted by the teachers.



The celebration began with a special morning assembly. Students chanted Guru stotras and offered Guru Vandana through their speeches and songs. The event reinforced the values of respect, humility, and gratitude, fostering a deep sense of appreciation for the guidance and wisdom imparted by their gurus.

SPLENDID

Geeta Gayana 15 September

Bharath Scouts and Guides conducted district level 'Geeta Gayana', a patriotic song competition at RT Nagar Public school on 15th September 2024. Guides and Scouts of our school won the first prize and were selected for state-level competition which will be held in the month of November. Cubs won the Third prize in the competition.



CELEBRATIONS

Environment Day

5 June

World Environment Day is a special occasion to come together and appreciate the natural beauty of our planet. It is a day to reflect on how we can protect and preserve the environment for future generations.

For the World Environment Day, the students actively participated by displaying posters and planting trees, contributing to the school's environmental efforts. The posters highlighted key environmental issues like pollution, conservation and the importance of green spaces, while planting trees promotes sustainability and helps create a greener environment within the school.



International Yoga Day

21 June

Yoga brings together body and mind and is a holistic approach to life. Yoga helps us all to be in a better position to meet the increasing challenges around us.

International Yoga Day, observed annually on June 21st, is a global celebration of the ancient practice of Yoga. The United Nations declared June 21st as International Yoga Day after India proposed it in 2014. This day emphasizes the importance of yoga in promoting a balanced and healthy lifestyle, both physically and mentally.

The programme concluded with a speech by our Director Operations, Dr. S. K Tripathi, who emphasized the importance of International Yoga Day, explaining the origins and purpose of this global event, which promotes physical, mental and spiritual well-being. The highlight of the day was the collective yoga session displayed in an impressive and neat presentation of various yoga asanas on the school ground by the students.



World Music Day 21 June

Following the yoga session, we transitioned to World Music Day, where the joy of music filled the air. Students showcased their musical talents by playing a variety of instruments, including the guitar, keyboard, flute and violin. The performances ranged from classical tunes to popular songs, allowing students to express their creativity and passion for music.

The combination of yoga and music created a harmonious environment that celebrated the connection between physical well-being and artistic expression. This event





underscored the significance of nurturing both the body and the mind, fostering a spirit of joy, collaboration, and creativity within our school community.



Founders' Day & Sports Inauguration 3 July

"Founders are the heart and soul of an organization; their vision shapes its destiny".

An atmosphere of celebration filled our school as members of the MEC family gathered to honour the semi-centennial year of our beloved institution. This momentous occasion brought together students and teachers, all united in appreciation of the school's rich history and achievements.

Students played a key role in the event, with impressive displays of yoga and karate that highlighted their physical discipline and mental strength. These performances showcased not only their talents but also the school's commitment to holistic development.

The day was further enlivened by a series of games, where both students and staff participated. The blend of physical activities and the celebration of the founders' vision made the event a memorable one for all involved.



On Founders' Day, sports inauguration was a vibrant celebration held in alignment with the visionary ideals of our school's founders. The event commenced with a solemn march past, oath-taking ceremony, where students pledged to uphold the values of sportsmanship and dedication. The lighting of the ceremonial torch marked the start of the festivities, symbolizing the flame of perseverance and unity within the school community.



78th Independence Day

15 August

The 78th Independence Day celebration at MEC Public school was a day filled with pride, patriotism, and joy. The day began with the hoisting of the national flag by Director Academics, Dr. H S Ganesha Bhatta, followed by the singing of the national anthem. Students showcased discipline and well co-ordinated march past. The tiny tots dressed up as various national leaders displayed their dedication and patriotic spirit.

The students of MEC took centre stage with an array of vibrant cultural performances. The dance performances were the highlight of the day, with students showcasing India's diverse culture through classical dance, karate, drill and aerobics. In addition to these, students participated in a group song that reflected the patriotic fervor of the day.

The event concluded with an inspiring speeches by Director Academics, Dr. H S Ganesha Bhatta, Secretary Dr Vidya C, and Director Operations, Dr. S K Tripathi, who emphasized the importance of unity, discipline, patriotism and the responsibility each individual holds towards a nation. They reminded everyone that independence is not just about celebrating the past, but also about working towards a brighter future for the country.

After the event, sweets were distributed to all the students and staff members, adding a sweet note to the patriotic festivities.



Teachers' Day 5 September

On the occasion of Teachers' Day, the students of MEC School came together to celebrate and honour the dedication and hard work of their beloved teachers. The celebration was a heartfelt tribute to the mentors who shape the lives of students and guide them towards a brighter future.





The highlight of the event was the cultural program, which included energetic dance performances by students. Each dance was a reflection of the students' gratitude and respect for their teachers. From classical to contemporary dance forms, mime, the students mesmerized the audience with their grace, creativity, and enthusiasm. The vibrant costumes and synchronized movements added charm to the event, leaving the teachers smiling and cheering for their students.

Apart from the cultural programs, the students also organized fun games and activities specifically for the teachers. There were light-hearted competitions, dumb charades, burst-the-balloon, treasure hunt, and a surprise talent show where teachers showcased their hidden talents. The room was filled with laughter and joy as teachers enthusiastically participated, making the celebration even more special.

Visit To Planetarium

13 September

Students of Grade X visited Science Exhibition at Jawaharlal Nehru Planetarium on 13th September 2024; it helped them to develop curiosity to learn more.

Community Activity

Students of Grade X visited Science Exhibition at Jawaharlal Nehru Planetarium on 13th September 2024; it helped them to develop curiosity to learn more.



BALVATIKA



Blue Day

13 June

The Blue Day celebration was a vibrant and engaging event designed to introduce children to the beauty of the color blue. Teachers showcased various shades of blue, explaining their significance and encouraging children to explore the world around them through this captivating hue. The classroom was adorned with blue decorations, and children were encouraged to wear blue attire, fostering a sense of unity and excitement. Activities included identifying different shades of blue in nature and art, as well as creating blue-themed crafts. Through these fun and interactive experiences, children learned to appreciate the diversity of blue, enhancing their understanding of colors while sparking their creativity.



Fruits Day

1 July

The Fruits Day celebration was a delightful and educational event aimed at instilling the importance of eating fruits in young minds. Throughout the day, children learned about the nutritional benefits of fruits, focusing on the significance of incorporating them into their diets.

Activities included discussions on various fruits, highlighting which can be eaten with and without peeling and emphasizing hygiene practices for eating fruits. In the classroom, children engaged in fun activities such as coloring fruit-themed pictures, creating artwork using fingerprints and cotton dabbing, and singing lively rhymes about fruits, which made learning enjoyable.



Vanamahotsava July

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The Vanamahotsava Day celebration at Balvatika was marked by an exciting field trip to 'Garden care' nursery at Allalassandra. The children eagerly participated in hands-on activities, where they had the opportunity to plant saplings and water the plants. This immersive experience allowed them to learn about the importance of greenery and the vital role plants play in our ecosystem. The day was filled with excitement and learning, as the children developed a deeper understanding of caring for the environment while enjoying the beauty of nature.





Parents' Day

27 July

The Parents' Day celebration was a delightful and heartwarming event. The day was filled with joy, laughter, and engaging activities. The celebration aimed to honor the vital role that parents play in the development of their young children.

The event kicked off with a grand fashion show, where the parents took center stage, walking the ramp alongside their little ones. Following the fashion show, the excitement continued with a fireless cooking competition. Parents enthusiastically took part, showing off their culinary creativity by preparing delicious and visually appealing dishes without the use of fire. The competition not only highlighted the importance of healthy eating but also showcased the culinary skills of the parents. The winners were announced with much applause and appreciation, and mementos were awarded to the winners.



TRICOLOUR DAY 14 August

To foster a sense of patriotism and introduce the young minds to the significance of the national flag, MEC Public School organized a vibrant Tri-Color Day celebration for the Balvatika children on the theme of the Indian tricolor — saffron, white, and green.

The classrooms were beautifully decorated with tricolor balloons, flags, and posters, setting the perfect festive mood for the little ones. Teachers welcomed the children, many of whom came dressed in the colors of the Indian flag, adding to the excitement of the day.

The day began with a creative craft session where the children participated in woolen pasting — outline of the Indian flag, tri-colour badge, tri-colour flag (using ice-cream stick).

Srikrishna Janmastami Celebration

Celebration of festivals in school is a part of learnings where students will connect with their culture and tradition. Srikrishna Janmastami festival was celebrated by the Balvatika students. Students dressed themselves as Radha and Krishna representing a cultural diversity of India.



Morality - Today's Need

"No man can lead a true life without moral values. A true manhood comes from self-control."

Morality is a science dealing with regulation of conduct. Morality is concerned with the distinction between right and the wrong conduct. Morality makes the man to act justly, walk humbly and think nobly. It is related to the conduct of man towards his fellow-men in various situations of life, home and society, Obedience, submission, discipline and courage these are among the characteristics which make a man a wholesome person. Morality builds the qualities of honesty, truth, courage, heroism, sympathy, kindness, humanity, and responsibility. When the sense of responsibility is blunted, society goes to ruin, so it is necessary for a man to have the sense of responsibility.

TEACHERS' CORNER In modern day, moral habits, moral values and moral characters are lacking in common people. Today's society is badly in need of moral values. Moral values should be imbibed by parents, guardians and schools in everyday life. It must be remembered that a child cannot be made by simply giving him precepts and lectures; a proper atmosphere has to be created so that the child may catch what is right and throw away what is wrong. Children learn from the society, we are the society, we influence upon them. So, it is necessary for us to use the virtue of our age and experience to give moral values to the children. Moral values become effective when it practiced adequately. Lord Backen said, "habit, if wisely and skillfully formed becomes truly a second nature."

Swami Vivekananda quoted "one ounce of practice is worth a thousand pounds of theory." There are historical stories which can be told to the children which inspire them to practice moral values. If it is practiced children are able to mould their characters in an apt way helping them become good-cultured, well-behaved citizens of India. Moral Values also inculcates the qualities of sensuality, punctuality, sensitivity and patriotism. Today's children are tomorrow's citizens; therefore, it is our duty to produce responsible citizens.

Lastly, it must be brought to the notice of all that moral values cannot be taught, it should be practiced. The whole community should contribute to give moral education to the children and should practice what is right. There should be no gap between what is taught and what is practiced.

As a responsible citizen it's my humble request to all the parents and teachers to develop moral values in children and make them responsible citizens.

Mrs. Veena K S
Head Mistress



Unleash your Brilliance, Embrace Education.

The best definition I have encountered for education till date is "education is a creation of a sound mind in a sound body" by Aristotle. Education is an art of offering the knowledge to others and indulging in the same. The term education is often restricted to a school or college or university. Nevertheless it continues to spread its wings as far as it can reach.

PARENTS' CORNER Furthermore, education has no boundaries, gaining knowledge from the speaker's best interest sometimes reaches beyond one's intelligence. There is never any specific place or time to provide, gain and share knowledge, not only in the sense of chapters in the textbook but our ethics, humanity and all the exceptional things in the world that are required to lead a life.

Education is not only the collection of degree or qualification but comprehensive development of an individual with general conduct. Here is how I put it out to you. It is just a game of puzzle all together, we win when we learn and step down when we stop. The game continues until everybody quits but when everyone shares their piece of puzzle, it gets easier to step up. If one piece goes missing it is incomplete. As soon as we take the piece with a smile from the other, our puzzle is complete with a new one to begin.

As expressed, education starts much before you enter school and it continues even after you complete PhD. This is the beauty of education.

Mrs. Archana Bharadwaj

